

Fulfillment Grid

1. Complete the second column for each category, rating *how fulfilled you are today* on a scale of 1-10 (10 being HIGH and 1 being LOW).
2. Complete the third column for each category, rating *how fulfilled you want to be* on a scale of 1-10 (10 being HIGH and 1 being LOW)

Wheel of Life Categories	<i>Today:</i> / /	<i>12 months in future:</i> / /
Career		
Financial		
Health and Wellness		
Relationships (family/friends)		
Significant Other/ Romance		
Spirituality/Faith/ Personal Growth		
Fun and Recreation		
Physical Environment (home/work)		

What would I do today if I knew I couldn't fail?