

# Worksheet: Career/Job Exploration

**EXAMPLE: Key Abilities**

- *Writing/synthesizing*
- *Creativity/innovation*
- *Teaching/facilitating*
- *Life/leadership Coaching*
- *Human Resources*
- *Planning/Goal Setting*

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**EXAMPLE: Key Interests/Passions**

- *Children*
- *Photography*
- *Travel*
- *Cooking/entertaining*
- *Learning/exploring*
- *Family*

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**EXAMPLE: Career/Job Options**

- *Write children's books*
- *Write family histories*
- *Teach abroad (Semester at Sea)*
- *Children's photographer*
- *Teach cooking classes/write cookbook*
- *Travel writer, editor (book, column, etc.)*

**Key Abilities**  
*(Talents, knowledge, skills, experience)*

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**Key Interests/Passions**  
*(motivation/desire)*

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**Career/Job Options**  
*(Brainstorm ALL possibilities -evaluate last)*

*Circle the options you want to explore further*